



## **Self-defense And Fast Escape**

Realistic & Effective  
Self-Defense for  
Personal and  
Family Safety

Taught by Professor  
Dan Embree, Idaho's  
Leading Personal  
Safety Expert



Self-defense is not only a right,  
it's your responsibility.



## Professor Dan

My wife, Heather, and I established Elite S.A.F.E. Training as a positive way to use my 39 years of Martial Arts, personal protection training and knowledge to reach as many people both casual and professional, as possible.

We believe that everyone should know how to protect themselves and their family, regardless of income level, physical ability, or age.





Training for Life is an innovative self-defense and situational awareness personal safety training program. We focus on the predator mindset, tactics and conflict avoidance. We provide seminar attendees with our Easy, Effective, and Practical Personal Protection and Life skills to detect, dissuade, and defeat a predator.

Our goals are to teach everyone to act under extreme stress and respond instinctively using simple, real & practical everyday actions.

Our seminars do not teach "Martial Arts". We recognize that most people don't have the time or desire to fully embrace the concept taught in most karate schools. The skills learned under those controlled situations will most likely desert us in a crisis. We will train you to use techniques instinctively to get you out of dangerous situations.



Elite S.A.F.E Training LLC

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Our award-winning self-defense techniques are proven to be effective against a wide variety of predators.

Join us today to learn how to protect yourself, your family, and your home.

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Empower yourself and attain a higher level of self-confidence with this one-of-a-kind *personal* protection or weapon seminars that will teach you life-saving skills. All courses provide hands-on training courses that can be easily learned in a few short hours.



#### Group Safety Training

Elite S.A.F.E. Training is happy to work with you to customize our content to fit your audience's needs whether you are a small business, University, Corporation, or religious organization for men and/or women. We focus on conflict avoidance and you will learn many tools to discourage predators from attacking. These programs are highly rated and will create a buzz of conversation among all who attend.

